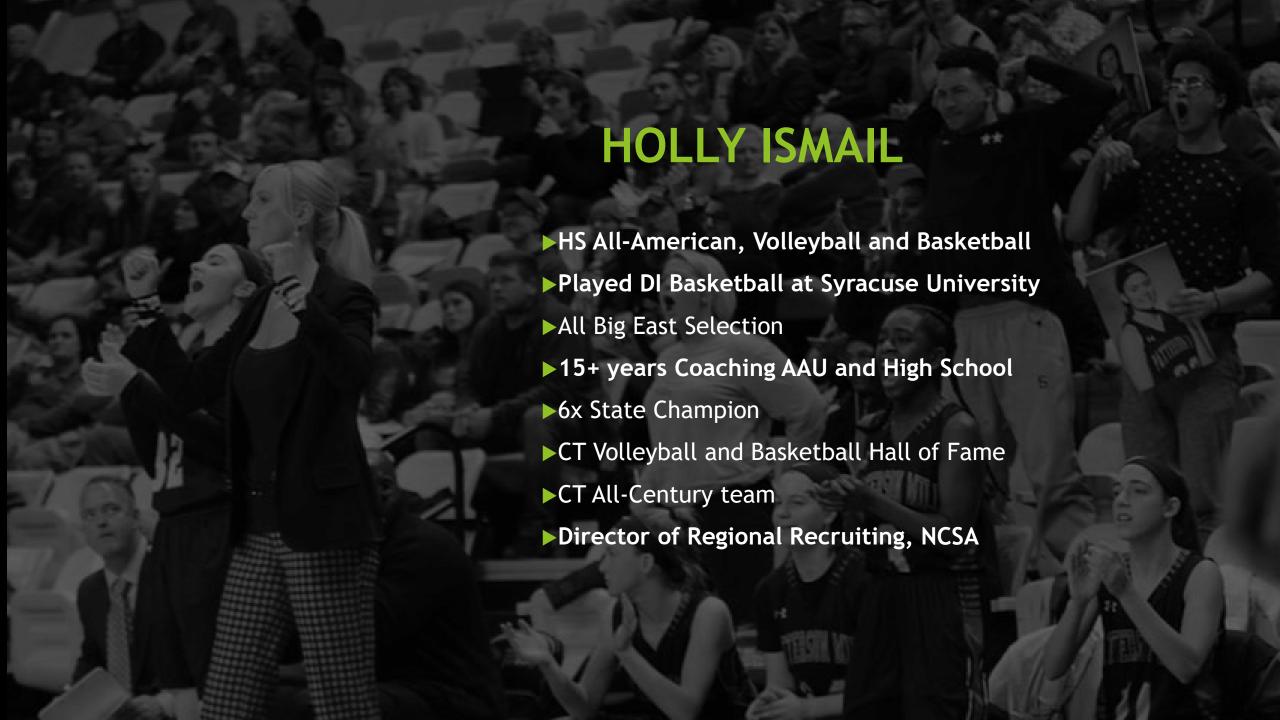


# Recruiting 101

With Coach Holly Ismail





My Crew

Villanova-Samford

Mercyhurst

Princeton

# **ABOUT NCSA**

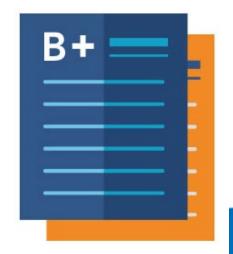
- Part of IMG Academy leader in athletic-academic education & development for high school student-athletes
  - Will be adding Women's Volleyball in Fall 2023! Summer camps registration open!
  - Offers IMGA+ which includes mental performance & nutrition coaching
- Founded in 2000 (Headquarters Chicago, IL)
  - 1000+ employees many former college players & coaches
  - Largest & most successful college recruiting network
- Have helped +250,000 student-athletes find their right college fit
  - 37 different men's & women's sports (Men's, Women's & Beach Volleyball)





### **GRADES ARE YOUR #1 PRIORITY**

- Grades dictate what schools will admit you
- Grades dictate if a coach will take the time recruiting you
- Grades dictate how much financial aid & scholarship you will receive



- Grades + Character + Ability = Scholarship Offer
  - You must have all 3!!!



## **ACADEMIC REQUIREMENTS**

### Complete 16 NCAA Core Courses

- ✓ 2.3+ GPA in core courses
- ✓ Complete 10 core courses before the 7th semester
- ✓ Earn an SAT combined score or ACT sum score that matches your core course GPA on NCAA sliding scale
- ✓ NCAA D3 schools & NAIA set their own admissions and eligibility standards
  - http://www.playnaia.org/page/eligibility.php
    - http://www.ncaa.org



## NCAA Academics and Eligibility / 16 Core Courses

- 4 Years: English
- 3 Years: Math (Algebra I or higher)
- **2 Years:** Natural/Physical Science
- 1 Year: English or Math or Natural/Physical

Science

\*Includes four additional years of English, math, natural/physical science, social science, foreign language, comparative religion or philosophy 2 Years: Social Science

4 (additional) Years:

Choice of NCAA-mandated subject\*

Must complete 10 (10/7 RULE)

of 16 Core Courses before 7<sup>th</sup> semester



# **TOP THREE SAT/ACT TIPS**

- Focus on the SAT OR the ACT
- ➤ You can superscore up to three times!
  - ➤ Take the test multiple times
- ➤ Most students can reach their target scores, but it requires:
  - ➤ Consistency
  - ➤ Tangible goals
    - ➤ Did you know a great score like a 1200 on the SAT is only a 67%?



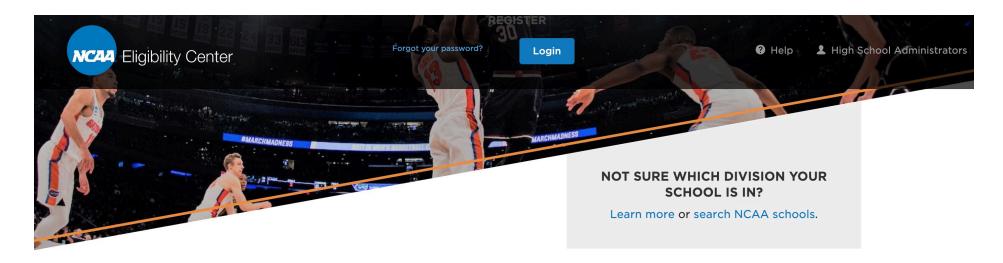
# **SAT/ACT PREP FOR ATHLETES?**

- ➤ Are they still necessary?
  - ➤ Short answer is: It's complicated, but yes
  - ➤ Optional for 2022-2023 year
- ➤ Testing scores still tied to scholarships and other merit-based awards

SAFE BET: assume more colleges will want testing scores.



## NCAA ELIGIBILITY CENTER



DIVISION I OR II

**DIVISION III OR UNDECIDED** 

https://web3.ncaa.org/ecwr3/

**Recommendation**: Register no later than the beginning of 11<sup>th</sup> grade (Junior Year)

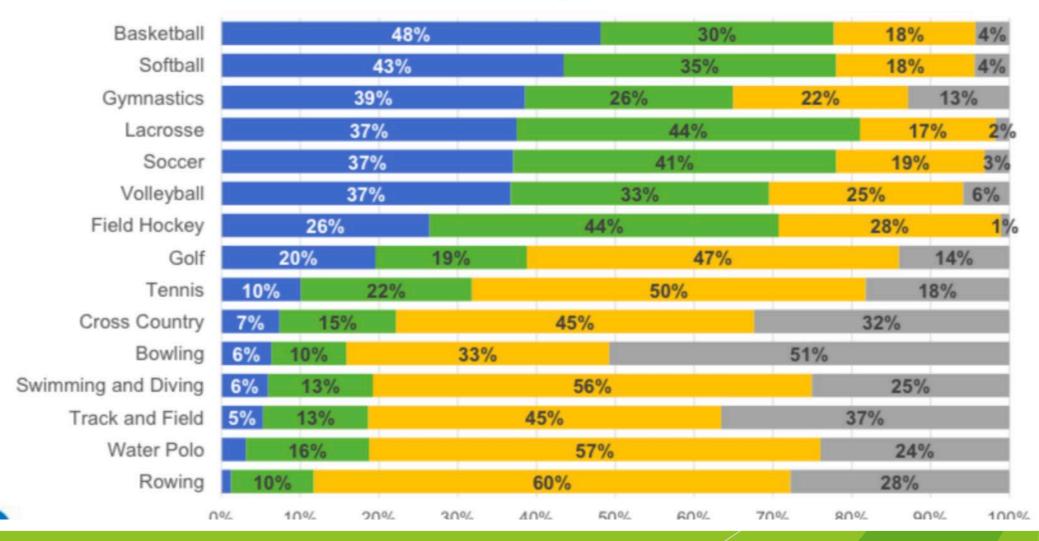


## **SOONER RATHER THAN LATER**

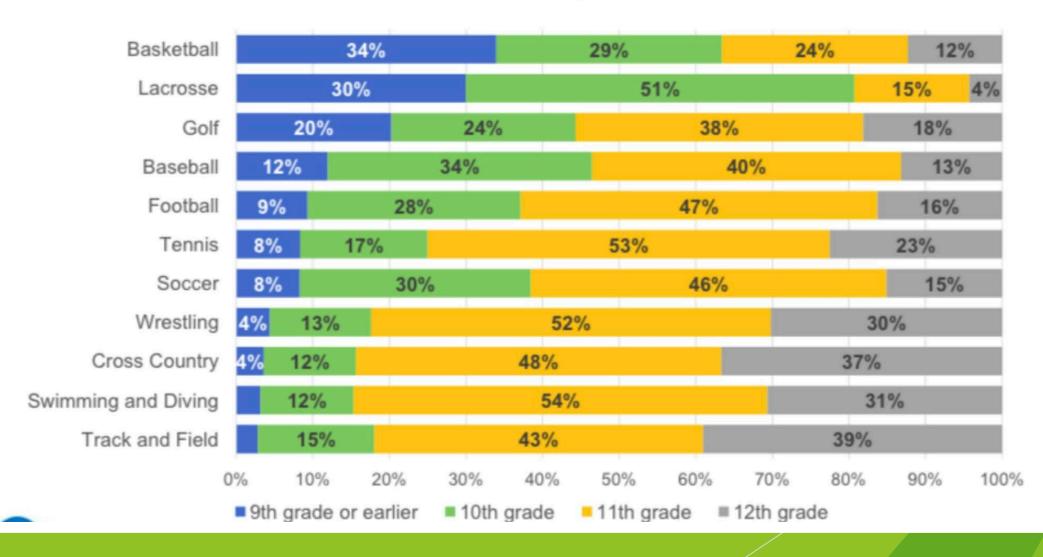
- ➤ The earlier you begin introducing yourself to coaches, the more roster spots and the more scholarships they still have left.
- Coaches typically evaluate recruits for 1-2 years before they finalize their roster
  - ➤ Most NCAA Division I & some Division II programs will complete their roster for your graduation class before your last year of high school
  - ➤Once a coach fills their roster for your grad class, they move on to the next roster need



# Timing of First Recruiting Contact (Direct or Indirect) by College Coach Women's Sports



# Timing of First Recruiting Contact (Direct or Indirect) by College Coach Men's Sports





# Scholarships

#### **Head Count**

FBS Football
Basketball DI Men
and Women
Tennis DI Women
Gymnastics DI Women
Volleyball DI Women

### Equivalency

All other DI sports
All DII sports programs
All NAIA
All Junior College

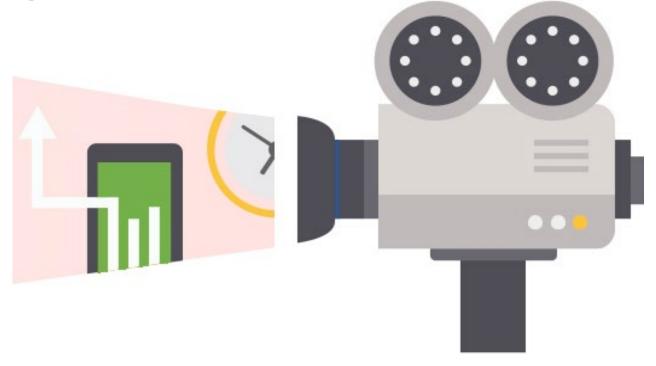






## Gaining exposure

- •Camps, combines, showcases
- Stats
- Academics
- Social Media





### **HOW CAN NCSA HELP?**

#### •IN MANY WAYS!

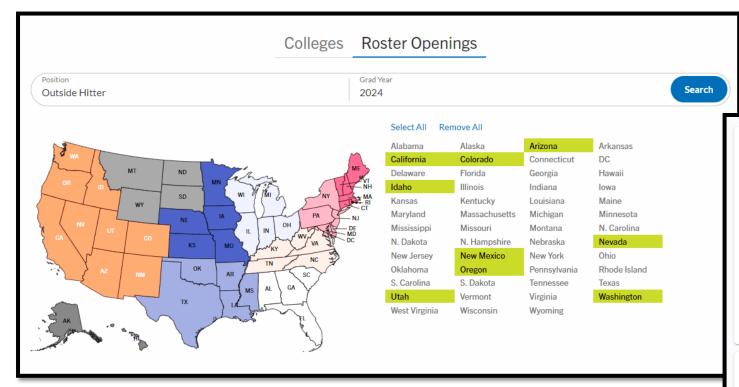
- Create your NCSA online profile & presence
- Set realistic goals & help you find the RIGHT fit
- Review & plan for academic eligibility
- Compile video
- Evaluate & project best college level fit
- Discover top college picks with recruit match technology
- Make connections with college coaches, communicate with college coaches, prep for visits, etc







## **NCSA RESOURCES**







University of Wisconsin -River Falls NCAA III / River Falls, WI \$14,660/\$15,765 year

Looking for a 2024 Outside Hitter 12 days ago

X Athletically Competitive

Academically Somewhat Selective

S.014 students

Searching for 3 or 6 rotation Pin Hitter capable of learning dynamic offensive systems. Looking for athletes 5'10 or higher touching 9'6 as we compete in the most competitive D3 conference. (6-rotation preferred)

- Dipen Patel, Head Coach

Message Coach



Delta College - Michigan JC / University Center, MI \$6.590/\$11.810 year

Looking for a 2024 Outside Hitter 12 days ago

Message Coach

₩ Athletically Most Competitive

Academically All Others

S 3.126 students

Clarion University of Pennsylvania NCAA II / Clarion, PA \$11,199/\$16,078 year

68% Match

47% Match

ago

Looking for a 2024 Outside Hitter 23 days ago

Academically Somewhat Selective

S 3,483 students

Message Coach

48% Match



Passaic County Community College

JC / Paterson, NJ \$7,350/\$9,390 year

Looking for a 2024 Outside Hitter 25 days ago

X Athletically All Others

Academically All Others

8 2,832 students

NCAA II / Pensacola, FL \$6,360/\$19,241 year

Looking for a 2024 Outside

₩ Athletically Most Competitive Academically Selective

8 9,635 students

a month

ago

80% Match

Looking for a player who has hustle and heart.

- Ashlev David, Head Coach









NCAA III / New Haven, CT \$33,260/\$33,260 year Looking for a 2024 Outside a month

Albertus Magnus College

X Athletically All Others

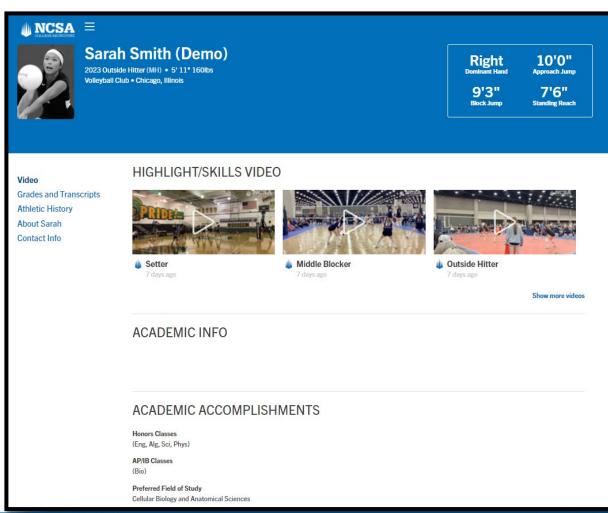
Academically Somewhat Selective

8 1,012 students

Someone who has a strong volleyball foundation and can push themselves and their teammates to be better. Effort and work ethic is everything, so I need someone who is willing to work hard for the win.



## **NCSA MEMBERSHIP**









#### **EDUCATION AND GUIDANCE**

- NCSA University
- · Online Recruiting Classes
- Online support via email

#### COACH CONNECTIONS

- · Improved search ranking
- Coach Activity Report
- · College coach directory
- Highlight/skills videos

#### COLLEGE RECOMMENDATIONS

- · Roster openings
- Unlock match level
- · Custom scouting report

#### **EXPOSURE**

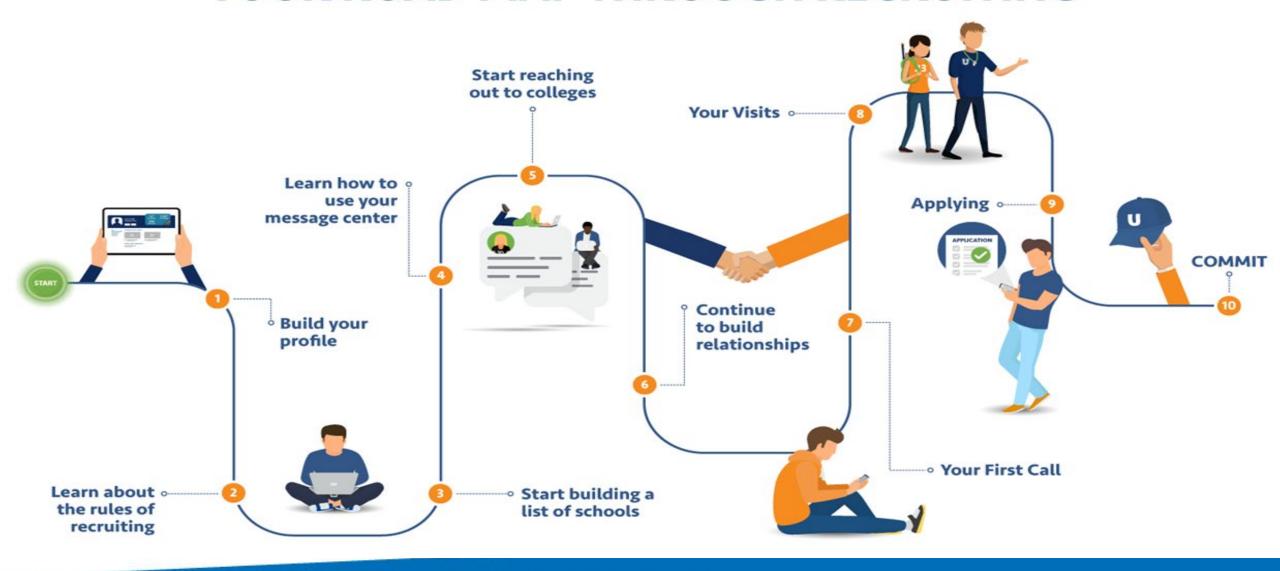
- · Direct promotion to coaches
- · Live support 7 days/week
- · Recruiting Coach session
- Searchable Online Recruiting Profile

#### PERSONAL SUPPORT

- · A personal Recruiting Coach
- College funding consultation
- ACT/SAT prep



#### YOUR ROAD MAP THROUGH RECRUITING







# **NEXT STEPS**

#### SCAN to SCHEDULE

- Free Recruiting Call w/ Holly Ismail!
  - Are you ready to start the recruiting process?
  - **Discuss** your current recruiting progress
  - Go over NCSA Profile resources
  - Activate your FREE PROFILE



\*This is a 30-45 min interactive call; you'll need access to a computer with your family





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- Twitter @holly\_g\_ismail