

EXCEL Outpatient Total Joint Program

Thomas K. Comfort, MD

The EXCEL Orthopedic Surgery and Recovery Program is designed for healthy, active adults who would have a better quality of life after surgery.

THE EXCEL PROGRAM IS COMPREHENSIVE, OFFERING:

- Comfortable & private post-op recovery at a private orthopedic care recovery site with 24-hour RN care
- 1 on 1 personalized concierge service with a RN to guide you through the entire process
- Free pre-op patient education, personalized for each individual
- Emphasis on a wellness model through a team approach
- Accelerated patient recovery through individualized pain management techniques, intensive post-operative rehabilitation at your orthopedic recovery site
- Simplified bill

GOOD TO KNOW:

- EXCEL locations for Dr. Comfort:
 - High Pointe Surgery Center – Care Suite recovery would be at the Omni Viking Lakes in Eagan
 - Blaine Orthopedic Surgery Center – Care Suite recovery would be at the same location
- You will be provided with TCO clothing designed for comfort after surgery.
- Surgery must be scheduled at minimum of 3 weeks from appointment. This will be determined by your orthopedic surgeon's clinical care coordinator and surgery center availability.

- Once surgery has been approved by your insurance and our EXCEL billing team, you will receive a phone call from our EXCEL team to give you further instructions and information on preparation for the surgery.
- Physical Therapy Locations: Outpatient PT must to be done at a TCO location.
 - Woodbury
 - Vadnais Heights
 - Forest Lake
 - Stillwater
 - Burnsville
 - Coon Rapids
 - Eden Prairie
 - Edina
 - Blaine
 - Maple Grove
 - Otsego
 - Plymouth
 - Robbinsdale
 - Waconia
- And lots of other locations. To get scheduled for PT, please call our PT appointment line at 651-351-2602.

EXCEL PROGRAM CRITERIA:

- BMI greater than 40
- Patients who are Type 1 diabetic or insulin-dependent
- Patient's who've had a MI in the last 6-months or patients with MI history, daily/frequent angina, and/or CVA
- There are other criteria besides those listed above that may exclude you from the program. These will be determined by your medical care team and surgeon.

If you have further questions, please contact Hanna anytime to discuss. Direct number is 651-351-2653.