

### What to Expect After an Injection

1. It can take 2- 4 weeks for the injection to take effect.
2. You may experience an increase in pain after the injection.
3. Possible post injection symptoms:
  - a. Facial Flushing
  - b. Changes in blood pressure
  - c. Inability to sleep at night
  - d. Heart palpitations/irregularity
  - e. Change in blood sugars
4. The injections may not always give you relief.
  - a. You may need to discuss next steps with Dr. Comfort or Ashton if the injections do not provide relief.
5. As arthritis progresses, the effectiveness of the injections may decrease.
6. With Hyaluronic Acid (HA) injections, the 2<sup>nd</sup> and 3<sup>rd</sup> injections may be more uncomfortable than the 1<sup>st</sup> injection.
7. Cortisone injections may be repeated every 3 months and HA injections may be repeated every 6 months.

**\*If you have any questions or concerns, contact Hanna or Emily at 651-351-2653\***

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