



Kurt J. Duncan, MD  
Office: (651) 275-2705  
Fax: (763) 302-2738

## **Hospital Stay and Time off Work**

<b><u>Procedure</u></b>	<b><u>Hospital Stay</u></b>	<b><u>Average Time Off</u></b>
Lumbar microdiscectomy	None	2-4 wks
Lumbar decompression (laminectomy)	Depends on age	2-6 wks
Posterior cervical decompression	Depends	2-6 wks
Lumbar fusion posterior only	1-2	2-8 wks
Anterior/posterior lumbar fusion	2-3	2-8 wks
Anterior cervical decompression & fusion	0-1	Depends on job

- ❖ **Actual hospital stay and return to work may vary depending the patient's job and the particular surgery being performed.**