

*****Any GLP-1 : CLEAR LIQUID DIET 24 HR prior to surgery*****
(Starts: 9/23/26)

Brand (GLP-1)	Generic (GLP-1)	Frequency (GLP-1)
Ozempic	semaglutide	Weekly (<i>Hold 7 Days</i>)
Rybelsus (oral)	semaglutide	Daily (<i>Hold 1 Day & Day of</i>)
Wegovy (oral)	semaglutide	Daily (<i>Hold 1 Day & Day of</i>)
Wegovy	semaglutide	Weekly (<i>Hold 7 Days</i>)
Trulicity	dulaglutide	Weekly (<i>Hold 7 Days</i>)
Victoza	liraglutide	Daily (<i>Hold 1 Day & Day of</i>)
Saxenda (oral)	liraglutide	Daily (<i>Hold 1 Day & Day of</i>)
Byetta (BID oral)	exenatide	2x/day (<i>Hold 1 Day & Day of</i>)
Bydureon BCise	exenatide-Extended Release	Weekly (<i>Hold 7 Days</i>)
Mounjaro	tirzepatide	Weekly (<i>Hold 7 Days</i>)
Zepbound	tirzepatide	Weekly (<i>Hold 7 Days</i>)
Adlyxin (oral)	lixisenatide	Daily (<i>Hold 1 Day & Day of</i>)
Soliqua	Insulin glargine & lixisenatide	Daily (<i>Hold 1 Day & Day of</i>)
Xultophy	Insulin degludec & liraglutide	Daily (<i>Hold 1 Day & Day of</i>)
Retatrutide	currently has <i>no brand name</i> because it is an investigational drug not yet approved by the FDA.	Weekly (<i>Hold 7 Days</i>)

Phentermine

Hold 7 days (Minimally 4 days)

Brand (SGLP-2)	Generic (SGLP-2)	Frequency (SGLP-2)
Steglatro	Ertugliflozin	Daily (<i>Hold 3 Days</i>)
Brenzavvy	Bexagliflozin	Daily (<i>Hold 3 Days</i>)
Invokana	Canagliflozin	Daily (<i>Hold 3 Days</i>)
Janssen	Canagliflozin	Daily (<i>Hold 3 Days</i>)
Farxiga	Dapagliflozin	Daily (<i>Hold 3 Days</i>)
Jardiance	Empagliflozin	Daily (<i>Hold 3 Days</i>)

***CLEAR LIQUID DIET DOESN'T APPLY TO SGLP-2**

If GLP1 medication has been held for 30 days, follow normal NPO guidelines

Updated List: 9/2/26