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### **Hospital Stay and Time off Work**

<b><u>Procedure</u></b>	<b><u>Hospital Stay</u></b>	<b><u>Average Time Off</u></b>
Lumbar microdiscectomy	None	2-4 wks
Lumbar decompression (laminectomy)	Depends on age	2-6 wks
Posterior cervical decompression	Depends	2-6 wks
Lumbar fusion posterior only	2-3	6-8 wks
Anterior/posterior lumbar fusion	2-4	6-8 wks
Anterior cervical decompression & fusion	1-2	Depends on job

- ❖ **Actual hospital stay and return to work may vary depending the patient's job and the particular surgery being performed.**