

Welcome to Lakeview Hospital's Joint Connections Program.

We hope the information in this packet will help you prepare for your upcoming surgery, hospital stay and recovery.

You will receive a phone call from a nurse one to two days before your surgery. Please complete the enclosed forms and have them ready when the nurse calls. The nurse will review your health history, which medications to take the day of your surgery, confirm the time and your arrival time on the day of your surgery. If you are symptomatic for COVID-19, a COVID-19 test is required. COVID-19 symptoms include temperature of greater than 100°F (38°C), cough, new loss of taste or smell, shortness of breath, sore throat, repeated shaking with chills, muscle pain/aches, headache, tiredness, or fatigue and diarrhea.

Please watch the Joint Connections class video at <http://bit.ly/LAKEVIEWJOINTCLASS> (must type upper and lower case exactly) and review the Joint Connections book (enclosed) thoroughly before your surgery. Please bring the book with you on the day of your surgery. Reach out to the following people for:

- Surgery questions: Your surgeon
- Medication questions: Your primary care physician

Lakeview Hospital and all HealthPartners hospitals and clinics have made many changes to the way we offer medical care to help reduce the spread of COVID-19. Please note that our policies may change at the time of your surgery as we strive to keep our patients safe. Here are some of the changes that will help ensure you receive the safe, top-quality care for which we are known during your joint replacement surgery:

- To help protect you, our care teams and our entire community, we are currently allowing only two visitors to the hospital. This visitor will be allowed with you in pre-op and on the unit. When on the unit,

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- your visitors must stay in the room with you and wear a mask when caregivers are in the room.
- Mandatory use of masks or face coverings for all staff and patients. We can provide a disposable mask for patients who do not have their own.
  - Wellness screenings at every entrance.
  - Visitors who are sick are not allowed to visit or accompany patients. This includes signs or symptoms of flu, COVID-19 and other respiratory or communicable illnesses, and recent COVID-19 exposures. Visitors who have recently had COVID may visit when 10 days have passed since positive test or symptom onset, with symptom improvement. Modified layout of lobbies to allow for social distancing.
  - Rigorous environmental and surface cleaning, disinfection, and safety protocols.

We look forward to partnering with you and caring for you during your stay with us!

*The Lakeview Hospital team*