

SOFT TISSUE Mallet REHABILITATION PROTOCOL

WEEK 1:

Remove splint for _____ hours a day. Wear for the remainder of the day and at night.

WEEK 2:

Remove splint for _____ hours a day. Wear for the remainder of the day and at night.

WEEK 3:

Remove splint for _____ hours a day. Wear for the remainder of the day and at night.

WEEK 4:

Remove splint for _____ hours a day. Wear for the remainder of the day and at night.

WEEK 5:

Wear splint at night only.