

SPORTS CHIROPRACTIC SERVICES

TCOmn.com



**TWIN CITIES
ORTHOPEDICS**

Receive Expert Hands-On Care for a Variety of Sports & Orthopedic Issues:

SERVICES:

- Soft tissue mobilization
- Myofascial release
- Neuromuscular re-education
- Joint manipulation/mobilization
- Customized self-care program
- Extracorporeal Shock Wave Therapy (ESWT)

SPECIALTIES:

- Sports performance & injury prevention
- Non-surgical orthopedic conditions
- Lower extremity injuries in athletes
- Chronic tendonitis conditions
- Neck & low back pain

FOR LOCATIONS, PRICING + APPOINTMENTS

Email SpecialtyPrograms@TCOmn.com

Visit TCOmn.com/SportsPerformance for additional information

MEET OUR TEAM



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