

BENEFITS OF MASSAGE THERAPY

- Relieve post-operative pain
- Reduce low back pain
- Increase range of motion
- Help decrease chronic neck pain
- Decrease joint-replacement pain
- Reduce muscle tension
- Relieve stress
- Relieve tension headaches

Stop by the front desk to schedule your appointment or find us online at TCOmn.com/massage-therapy or TrainingHAUS.com/sports-massage

MASSAGE THERAPY IS A CASH-BASED-ONLY SERVICE

TCOmn.com | TrainingHAUS.com

