

## Digit Replantation

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### Goals of therapy

- Protect vascular repairs
- Protect nerve repairs
- Maximize tendon glide
- Maximize strength

### Days 4-5

- Remove operative splint
- Commence passive “toggle” PROM exercises (~30 degrees) of joint distal to replant
- A/PROM of all other joints
- Daily xeroform dressing changes
- Edema control
- Volar intrinsic plus splint

### Week 2

- With MD clearance, increase passive toggle arc of affected joint
- Sutures out
- Edema control
- With MD clearance commence early active flexor tendon rehab including passive flexion and active extension within a very short arc within confines of dorsal blocking rehab splint (same as flexor tendon)

### Weeks 3-4

- With MD clearance, increase passive toggle arc of affected joint
- Edema control
- With MD clearance may commence early active ROM include place and hold within confines of dorsal blocking rehab splint

### Weeks 5-6

- With MD clearance, increase passive toggle arc of affected joint
- Edema control
- With MD clearance may increase early active ROM include place and hold within confines of dorsal blocking rehab splint