

CHIROPRACTIC SERVICES

APPROACHABLE • INNOVATIVE • PERSONALIZED

TCOmn.com



TWIN CITIES
ORTHOPEDICS

Receive Expert Hands-On Care for a Variety of Sports & Orthopedic Issues:

SERVICES:

- Soft tissue mobilization & myofascial release
- Neuromuscular re-education
- Joint manipulation/mobilization
- Corrective exercises

SPECIALTIES:

- Non-surgical & overuse sports injuries
- Hip, knee & ankle pain
- Neck & low back pain
- Plantar fascia & tendon pain
- Injury prevention & sports performance

FOR LOCATIONS, PRICING + APPOINTMENTS

Email SpecialtyPrograms@TCOmn.com

Visit TCOmn.com/Wellness for additional information

