

Medications That Must be Stopped 7 Days Prior to Surgery

Aspirin and anti-inflammatory medications impede the body's ability to form blood clots. Undergoing a surgical procedure while taking such medications exacerbates the risk for increased bleeding. Many over-the-counter and prescription medication contain aspirin or NSAIDs. Therefore, any medications that contain such drugs must be stopped beforehand. Below is a list of common medications that contain these drugs. While the following list contains the most common products, it is not all-inclusive. Please check with your pharmacist or primary care physician if you have any questions.

The following list of medications **MUST** be stopped seven days before surgery:

Common Medicines Containing Aspirin (Blood Thinners)

Alka Seltzer	Ecotrin	Percodan
Anacin	Eliquis	Plavix
Ascriptin	Empirin	Robaxisal
ASA Suppositories	Equagesic	Sine-Off
Aspirin	Excedrin	Soma
Aspergum	Fiorinal	Synalgos
Bayer	Heparin	Talwin
Bufferin	Lortab ASA	Vanquish
Coumadin	Lovenox	Warfin
Darvon	Magnaprin	Wespirin
Easprin	Norgisic	Zorpin

Anti-Inflammatory Products

Actron	Fenoprofen	Naproxen
Advil	Genpril	Naprosyn
Aleve	Ibuprin	Nuprin
Altrain	Ibuprofen	Orudis
Anaprox	Indomethacin	Oxaprozin
Ansaid	Indocin	Piroxicam
Anthrotec	Meclofenamate	Ponstel
Bayer	Mefenamic CID	Relafen
Celebrex	Menadol	Solobod
Daypro	Midol	Telectin
Diclofenac	Mobic	Toradol
Disalcid	Motrin	Trilisate
Etodolac	Nabumetone	Vioxx
Feldene	Nalfon	Voltaren

Supplements

Fish Oil	Multivitamins	Vitamin E
Gingko Biloba	St John's Wart	

****DO NOT** take any opioid or narcotic medications 2 weeks prior to surgery. This will allow the post-op medication to work effectively.

**** DO NOT** take GLP-1 medications (i.e. Ozempic, Wegovy, Trulicity) at least 8 days prior to surgery.

**** Please** contact our team if you are taking any medications that suppress the immune system or affect wound healing.