



What to Expect Leading up to Surgery

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WHERE WILL SURGERY BE?

- One of a few different locations:
 - High Pointe Surgery Center; 8650 Hudson Blvd N #235. Lake Elmo, MN 55042
 - Woodwinds Hospital; 1925 Woodwinds Dr. Woodbury, MN 550125
 - Lakeview Hospital; 927 W. Churchill St. Stillwater, MN 55082
 - Osceola Medical Center; 2600 65th Ave, Osceola, WI 54020

DO I NEED A PRE-OP HISTORY AND PHYSICAL (H&P)?

- Yes, vast majority of patients need a pre-op H&P
- This can be done with your primary care provider or another provider in the office
- The only exception is if you were specifically told by Dr. Schmiesing's team that you do not need one prior to surgery.

WILL SURGERY BE COVERED BY MY INSURANCE?

- You should call your insurance provider and ask specifically if they will cover at the location you are scheduled at.
- If you do not have insurance, work with Dr. Schmiesing's team to discuss the cost and payment plans through TCO and the location you are having surgery.

DO I NEED PRE-OP COVID TESTING?

- All surgery centers and hospitals are currently requiring pre op COVID testing within a certain number of days prior to surgery.
- Call your surgery center or hospital to request more specific information on their COVID testing guidelines

WHAT TIME SHOULD I ARRIVE?

- The surgery center or hospital will call you the day before surgery to instruct you when to arrive on the day of surgery.

DO I NEED TO BRING ANYTHING?

- High Pointe Surgery Center is currently requiring a printed copy of your COVID test result
- If you were given a brace or a sling in clinic, bring this along for placement after surgery.

WHEN WILL I NEED TO BE PICKED UP?

- Typical pick time for outpatient surgery is about an hour after the surgery ends.

WILL I GET A PRESCRIPTION FOR PAIN MEDICINE?

- Yes, Dr. Schmiesing will write a prescription for you on the day of surgery to use after surgery.
- Narcotic pain medicine should not be taken leading up to surgery as it will make the pain medicine is less effective after surgery.