

# TWIN CITIES ORTHOPEDICS VIRTUAL ROUNDS

These events are aimed at our Physical Therapists and Athletic Trainers in order to work together and share our knowledge to enhance our patient care.

## ICE HOCKEY REHABILITATION: FROM SURGERY TO RETURN TO PLAY

**Monday, November 8, 2021**

11:00 AM to 12:00 PM via Zoom Webinar

Register in advance for this webinar by following the link below.  
Please be sure to complete all requested information including how you would like your Statement of Credit to read.

[https://revohealth.zoom.us/webinar/register/WN\\_WkyiJdUTTre2Qmta1TJ4Yg](https://revohealth.zoom.us/webinar/register/WN_WkyiJdUTTre2Qmta1TJ4Yg)

After registering, you can copy the link and save that URL to sign in for the event in your calendar.  
This will also serve as your attendance tracking for continuing education credit.

### Jeremy O'Keefe, PT, DPT, CSCS

#### Learning Objectives

- Describe the biomechanical impact of skating.
- Discuss differences in on-ice vs off-ice forces.
- Identify important criteria to safely return to skating following surgical intervention.
- Interpret objective testing results to decide an athlete's risk profile prior to returning to the ice.

#### FAQ

##### How many CME will I receive?

1.0 CME or CEU. See below for specific messaging.

##### Registration:

You will be asked for your name and email address upon entering the Zoom Webinar. This will act as registration and attendance tracking.

##### To access any previous recordings or handouts:

Link: <https://tcomn.com/continuing-education/>

Note that any recordings are not applicable for CE credit, only the live event qualifies.

##### Contact information:

Please contact [TCOCME@TCOmn.com](mailto:TCOCME@TCOmn.com) if you have any questions regarding the Virtual Rounds.

##### Cost and cancellation:

This is a free event; therefore, no refunds or cancellation policy will be necessary.



Physical Therapists: This course was approved for 1.0 credits under continuing education credit approval of 5601.2400, subpart 2 for other educational activities (MN Board of PT Approval # 4943).



Athletic Trainers: Twin Cities Orthopedics (BOC AP#: P8588) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of 1.0 hours of Category A hours/CEU's. ATs should claim only those hours actually spent in the educational program.