

TWIN CITIES ORTHOPEDICS VIRTUAL ROUNDS

These events are aimed at our Physical Therapists and Athletic Trainers in order to work together and share our knowledge to enhance our patient care.

BEYOND TOWEL CURLS: SPECIFICITY IN EXERCISE SELECTION & PRESCRIPTION

Tuesday, September 21, 2021

11:00 AM to 12:00 PM via Zoom Webinar

Register in advance for this webinar by following the link below.
Please be sure to complete all requested information including how you would like your Statement of Credit to read.

https://revohealth.zoom.us/webinar/register/WN_iqiBtZBOQTGk8lpOoYfCdG

After registering, you can copy the link and save that URL to sign in for the event in your calendar.
This will also serve as your attendance tracking for continuing education credit.

Megin Sabo John, PT, DPT, OCS

Learning Objectives

- Summarize current research for foot and ankle examination and treatment.
- Explain exercise selection targeting the foot intrinsics and triceps surae complex.
- Recommend interventions with focus on arthrokinematics of the ankle.

FAQ

Cost and cancelation:

This is a free event; therefore, no refunds or cancelation policy will be necessary.

Registration:

You will be asked for your name and email address upon entering the Zoom Webinar. This will act as registration and attendance tracking.

To access any previous recordings or handouts:

Link: <https://tcomn.com/continuing-education/>

Note that any recordings are not applicable for CE credit, only the live event qualifies.

Contact information:

Please contact Karie Nash at karienash@tcomn.com if you are interested in presenting in the future, or TCOCME@TCOmn.com if you have any questions regarding the Virtual Rounds.



Physical Therapists: This course was approved for 1.0 credits under continuing education credit approval of 5601.2400, subpart 2 for other educational activities (MN Board of PT Approval # 4577).

Athletic Trainers: Twin Cities Orthopedics (BOC AP#: P8588) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of 1.0 hours of Category A hours/CEU's. ATs should claim only those hours actually spent in the educational program.