



General Post-Operative Wound Instructions

Edward Szalapski, MD

- 1.** Remove dressing. You may clean the wound with hydrogen peroxide only 1 time. Do not use hydrogen peroxide more than 1 time as this can cause tissue damage and prevent healthy wound healing. Do not scrub. Blot the hydrogen peroxide.
- 2.** Keep wound dry. Do not apply ointments. Keep wound dry in shower. You may cover the wound with a plastic bag and seal at the top to block the water.
- 3.** Keep wound covered with gauze and tape (Band Aids are appropriate for small wounds). Any type of gauze is appropriate.
- 4.** Change dressing daily or if it becomes soiled or saturated with drainage. Please contact us if you note drainage more than 1 week out of surgery.
- 5.** You may apply ice to surgical area 20 minutes on and 1 hour off as often as needed for pain and swelling.