## TWIN CITIES ORTHOPEDICS VIRTUAL ROUNDS

These events are aimed toward Physical Therapists and Athletic Trainers in order to work together and share our knowledge to enhance our patient care.

# INTERNAL VS EXTERNAL FOCUS OF ATTENTION IN REHABILITATION FOR ATHLETES

**Thursday, May 19, 2022** 

7:00 AM to 8:00 AM via Zoom Webinar

Register in advance for this webinar by following the link below.

Please be sure to complete all requested information including how you would like your Statement of Credit to read.

https://revohealth.zoom.us/webinar/register/WN\_C6iL0uZfQ72kEvBqZh9K3A

After registering, you can copy the link and save that URL to sign in for the event in your calendar.

This will also serve as your attendance tracking for continuing education credit.

#### Mark Weigand, MS, DPT, CSCS

#### Learning Objectives

- Understand the difference between an internal and external focus of attention and their appropriate application in the rehabilitation process
- Be able to identify sensorimotor impairments/compensations associated with injury/re-injury
- Be able implement external focus of attention cues into the reintegration of athletes to their sport

#### FAQ:

#### How many CME will I receive?

1.0 CME or CEU. See below for specific messaging.

#### Registration:

You will be asked for your name and email address upon entering the Zoom Webinar. This will act as registration and attendance tracking.

### To access any previous recordings or handouts:

Link: <a href="https://tcomn.com/continuing-education/">https://tcomn.com/continuing-education/</a>

Note that any recordings are not applicable for CE credit, only the live event qualifies.

#### **Contact information:**

Please contact <a href="mailto:TCOCME@TCOmn.com">TCOCME@TCOmn.com</a> if you have any questions regarding the Virtual Rounds.

#### **Cost and cancelation:**

This is a free event; therefore, no refunds or cancelation policy will be necessary.



Physical Therapists: This course was approved for 1.0 credits under continuing education credit approval of 5601.2400, subpart 2 for other educational activities (MN Board of PT Approval # 5877).



Athletic Trainers: Twin Cities Orthopedics (BOC AP#: P8588) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of 1.0 hours of Category A hours/CEU's. ATs should claim only those hours actually spent in the educational program.

