TWIN CITIES ORTHOPEDICS VIRTUAL ROUNDS

These events are aimed toward Physical Therapists and Athletic Trainers in order to work together and share our knowledge to enhance our patient care.

THE SQUAT: ASSESSMENT AND PRESCRIPTION FOR PERFORMANCE

Thursday, July 21, 2022

7:00 AM to 8:00 AM via Zoom Webinar

Register in advance for this webinar by following the link below. Please be sure to complete all requested information including how you would like your Statement of Credit to read.

https://revohealth.zoom.us/webinar/register/WN_PYh7oPZgQquA ihsqK_xhGQ

After registering, you can copy the link and save that URL to sign in for the event in your calendar. This will also serve as your attendance tracking for continuing education credit.

Chee Vang, DPT, OCS, CSCS

Learning Objectives

- Be able to understand the basic biomechanics of squat variations.
- Be able to differentiate between squat variations and the purpose for selection.
- Be able to assess the squat and common movement patterns associated with squat variations.
- Be able to integrate and prescribe the appropriate variations of the squat for performance.

FAQ:

How many CME will I receive? 1.0 CME or CEU. See below for

specific messaging. Registration:

You will be asked for your name and email address upon entering the Zoom Webinar. This will act as registration and attendance tracking.

To access any previous

recordings or handouts:

Link: <u>https://tcomn.com/continui</u> ng-education/

Note that any recordings are not applicable for CE credit, only the live event qualifies.

Contact information:

Please contact

TCOCME@TCOmn.com if you

have any questions regarding the Virtual Rounds.

Cost and cancelation:

This is a free event; therefore, no refunds or cancelation policy will be necessary.

Physical Therapists: This course was approved for 1.0 credits under continuing education credit approval of 5601.2400, subpart 2 for other educational activities (MN Board of PT Approval # 6387).



Athletic Trainers: Twin Cities Orthopedics (BOC AP#: P8588) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of 1.0 hours of Category A hours/CEU's. ATs should claim only those hours actually spent in the educational program.

