

PRESENTED BY:



SPORTS MEDICINE SIDELINE MANAGEMENT 2022

Date + Time

Wednesday, July 20th

9:00 AM to 4:00 PM

Doors open at 8:00 AM

Location

Securian Financial Club at CHS Field

360 N Broadway St, St. Paul, MN 55101

RSVP

Please register by Friday, July 8th

Cost

FREE

Questions

TCOCME@TCOmn.com

Continuing Education

BOC 6.0 CEU

MNBPT 6.0 CEU*

TARGET AUDIENCE:

- TCO Certified Athletic Trainers
- TCO Physical Therapists

OBJECTIVES:

- Recognize improved sideline management in terms of essential equipment, pre-game tasks, emergency action planning, weather considerations, and appropriate communication lines
- Explain specific patient care instructions for scenarios with the sports medicine team as a holistic approach, including: ACL from injury to return to sport, mental health professionals and resilience training, primary care and general medical conditions, and nutrition for specialized diets
- Execute spine boarding, kinesiology taping, sideline splinting, and vestibular therapy exercises during a hands-on demonstration

[CLICK HERE TO REGISTER](#)

SCHEDULE

TIME	TOPIC	SPEAKER(S)
8:00 AM	Check In and Breakfast	
8:45 AM	Welcome	
9:00 AM	ACL Care: Injury Through Return	Matthew Butterfield, MD Sarah Boo, LAT, ATC, EMT Mark Weigand, MS, DPT, CSCS
10:00 AM	Ankle Injuries	Phillip Thomas, MD
10:30 AM	Break	
10:45 AM	Resilience	Matt Mikesell, Ph.D. - Premier Sport Psychology
11:15 AM	Identifying Pain	Matthew Hofkens, MD
11:45 AM	Iron and Vegetarian Athletic Fueling	Austin Voltin, MS, RD, CSSD, LD, ISAKI
12:15 PM	Lunch	
12:45 PM	Sideline Essentials	Abby Turbes, MATrg, LAT, ATC, CSCS Gary Smith, M. ED., LAT, ATC Kristina Burk, MS, LAT, ATC Rachel West, LAT, ATC
1:15 PM	Weather Considerations	Blaine Birtzer, DAT, LAT, ATC
1:45 PM	Break	
2:00-4:00PM	Breakout Sessions	
	Vestibular Therapy	Tyler Douglass, PT, DPT, ITPT
	Spine Boarding	Jamie Jaeger, MS, LAT, ATC, CES, CSCS Andres Armstrong, MS, LAT, ATC
	Kinesiology Taping	David Bloomquist, MS, LAT, ATC, ITAT Abby Turbes, MATrg, LAT, ATC, CSCS
	Sideline Splinting	Missy Strauch, MS, LAT, ATC
4:00-4:10 PM	Conclusion	
4:10-6:00 PM	Social Hour (Securian Club)	

FAQ

Q: Is this a "live" event?

A: YES! We will not be having a virtual aspect to the event this year. The goal is to have hands on practice for the spine boarding and for networking.

Q: What is the dress code and PPE restrictions?

A: Wear something comfortable as we will be hands-on for the spine boarding. COVID restrictions will be addressed closer to the event date and based on CDC guidelines at that time.

Q: Where do we enter Securian Financial Club at CHS Field?

A: Just north of the main gates at the Securian entrance.

Q: Where should I park?

A: Please utilize any of the surface lots or ramps surrounding CHS Field. Additional parking information can be found [here](#).

Q: Will food be provided?

A: We will provide breakfast and lunch. Any specific dietary restrictions or food allergies should be noted during registration.

Q: Additional information or cancellations needed?

A: For cancellations or any other questions, please visit TCOmn.com/SMSM-Conf-2022. Due to the course being free, there will be no refunds.

*Physical Therapists: MNBPT Accreditation pending for 6.0 credits.

Athletic Trainers: Twin Cities Orthopedics (BOC AP#: P8588) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of 6.0 hours of Category A hours/CEU's. ATs should claim only those hours actually spent in the educational program.

