## Dr. Christopher LaPrade Publications & Presentations

Updated November 2026

### PEER-REVIEWED PUBLICATIONS

1. The Deep Medial Collateral Ligament: Part 2, Mechanical and Failure Characteristics. Accepted, in press. *Am J Sports Med.* September 2026.

2. Sawyer ER, Guerin G, Wilebski BJ, Freetly TJ, Super JT, Tollefson LV, **LaPrade CM**, LaPrade RF. Anatomic Anterolateral Ligament Reconstruction Using the Iliotibial Band Results in Less Internal Rotation Overconstraint and Lateral Compartment Joint Loading Compared to the Modified Lemaire Procedure: A Robotic Biomechanical Study. Accepted, in press. *Orthop J Sports Med,* September 2026.

3. LaPrade RF, Tollefson LV, Engebretsen L, Kennedy NI, Chahla J, **LaPrade CM**, Moatshe G, DePhillipo NN, Monson JK, Bernhardson AS. A Translational Approach for Treatment of Posterior Cruciate Ligament Injuries: From Foundational Anatomic and Biomechanical Studies to Validated Surgical Outcomes. J Am Acad Orthop Surg. 2026 Oct 26. Epub ahead of print. PMID: 42931031.

4. LaPrade RF, Wilebski BJ, Sawyer ER, Freetly TJ, Carlson MR, **LaPrade CM**, Tollefson LV, Retzer NK, Jelen PM, Super JT, Murray IR. The Deep Medial Collateral Ligament, Part 1: Quantitative, Qualitative, and Radiographic Anatomy. *Am J Sports Med*. 2026 Oct 26:3635465261492535. Epub ahead of print. PMID: 42929523.

5. Super JT, Murray IR, Tollefson LV, LaPrade CM, LaPrade RF. Editorial Commentary: If the Lateral Meniscus Is Hypermobile, Repair It. *Arthroscopy*. 2026 Oct 11. Epub ahead of print. PMID: 42859895.

6. Super JT, Tollefson LV, Murray IR, Chahla J, Geeslin AG, Johnson DL, Stevenson CM, LaPrade RF; Reykjavik Bracing Consensus Study Group (including **LaPrade CM**). The Use of Unloader Bracing in the Management of Knee Osteoarthritis: A Modified Delphi Consensus Study. *Arthroscopy*. 2026 Sep 29:e70579. Epub ahead of print. PMID: 42809374.

7. Super JT, Tollefson LV, Murray IR, Chahla J, Geeslin AG, Johnson DL, Stevenson CM, LaPrade RF; Reykjavik Bracing Consensus Study Group (including **LaPrade CM**). Unloader Bracing Is a Biomechanically Rational and Clinically Useful Intervention in Selected Patients With Tibiofemoral Joint Cartilage Pathology: A Modified Delphi Consensus Study. *Arthroscopy*. 2026 Sep 25. Epub ahead of print. PMID: 42791228.

9. Kennedy MI, Tollefson LV, Kennedy NI, **LaPrade CM**, LaPrade RF. A novel classification system for measuring and interpreting tibial tunnel morphology for revision ACLR. *Knee Surg Sports Traumatol Arthrosc.* 2026 Sep 7. Epub ahead of print. PMID: 42704666.

10. Dzidzishvili L, Pace JL, Flanigan DC, Krych AJ, LaPrade RF, Chahla J; Meniscus Radial Tear Expert Group (including **LaPrade CM**). An International Delphi Consensus on Meniscus Radial Tears: From Diagnosis to Management and Rehabilitation. *Arthroscopy*. 2026 Sep 6. Epub ahead of print. PMID: 42701879.

11. Andersen M, Tollefson LV, Ngobi J, Carlson MR, **LaPrade CM**, Fladberg B, Frihagen F, Inderhaug E, LaPrade RF. Effect of Multiple Centralization Sutures on Meniscal Extrusion and Contact Pressures in a Cadaveric Model of Medial Meniscus Root Repair. *Am J Sports Med*. 2026 Aug 27:3635465261475396. Epub ahead of print. PMID: 42661291.

12. Keel TJ, Wilebski BJ, Tollefson LV, Sawyer ER, Freetly TJ, **LaPrade CM**, LaPrade RF. Arthroscopy-Assisted Type 2 Posterior Horn Lateral Meniscus Transtibial Root Repair And Concurrent Inside-Out Lateral Meniscus Horizontal Cleavage Tear Repair With an Anterolateral Ligament Reconstruction Utilizing Iliotibial Band Autograft. *Arthrosc Tech*. 2026 Jun 21:e70140. Epub ahead of print. PMID: 42499889.

13. Murray IR, Super JT, **LaPrade CM,** Tollefson LV, LaPrade RF. Editorial Commentary: Lateral Extra-articular Tenodesis in Quadriceps Tendon Anterior Cruciate Ligament Reconstruction: Improved Rotational Control, but Are We Redefining Failure? Arthroscopy. 2026 Jul 1. Epub ahead of print. PMID: 42384954.

14. Rasmussen MT, Wilebski BJ, Tollefson LV, Carlson MR, Lee DR, Behnke RA, Larson SL, Retzer NK, Patel R, Brink HR, **LaPrade CM**, LaPrade RF. Restoration of Anterior Tibial Translation Is Achievable With an Anterior Cruciate Ligament Reconstruction and Ramp Repair With Increasing Posterior Tibial Slope While Medial Meniscus Deficiency Requires Concomitant Slope-Correcting Osteotomy. *Am J Sports Med*. 2026 Jun 4:3635465261448522. Epub ahead of print. PMID: 42237853.

15. Murray IR, Super JT, Tollefson LV, **LaPrade CM**, LaPrade RF. Editorial Commentary: Are We Asking the Wrong Question About Anterior Cruciate Ligament Repair? Indication Matters More Than Timing. *Arthroscopy.* 2026 May 18. Epub ahead of print. PMID: 42149698.

16. Moran J, Amaral JZ, Ortiz E, Farhat AG, Jones RH, Groff KD, Tollefson LV, **LaPrade CM**, Katz LD, Gardner E, Hsu J, Franklin C, Allen CR, Jimenez AE, Medvecky MJ, Hewett TE, Chahla J, McKay SD, Fabricant PD, LaPrade RF. Delayed Surgical Treatment of Pediatric and Adolescent Medial Meniscus Posterior Root Tears Is Associated With Increased Odds of Medial Tibiofemoral Compartment Cartilage Injury: A Multicenter Study. *Am J Sports Med.* 2026 May 15:3635465261442975. Epub ahead of print. PMID: 42141718.

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19. Super JT, Tollefson LV, Murray IR, **LaPrade CM**, LaPrade RF. Editorial Commentary: Root Cause of Failure: Surgeons and Patients Must Take Medial Meniscus Root Repair Seriously. *Arthroscopy*. 2026 Jan;42(1):244-246. Epub 2026 Mar 9. PMID: 41838526.

20. Moran J, Amaral JZ, Tollefson LV, Jones RH, Dave U, Lee MS, **LaPrade CM**, Katz LD, Porrino J, Salandra JM, Allen CR, Gardner E, Jimenez AE, Medvecky MJ, Hewett TE, Verma NN, Chahla J, Fabricant PD, McKay SD, LaPrade RF. Concomitant Lateral Meniscal Tears in Pediatric and Adolescent Patients Undergoing Combined Medial Meniscal Ramp Lesion Repair and Anterior Cruciate Ligament Reconstruction Are Frequently Missed on MRI, Are Often Vertical or Root Tears, and Are Usually Repaired: A Multicenter Study. *Orthop J Sports Med.* 2026 Feb 20;14(2):23259671251396140. PMID: 41732223

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Patients: A Multicenter Study With a Mean Follow-up of 5 Years. *Orthop J Sports Med*. 2026 Jan 8;14(1):23259671251398436. PMID: 41522462.

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24. Chahla J, Garcia JR, Tollefson L, Dzidzishvili L, Allende F, Gerhold C, Krych AJ, LaPrade RF; Meniscus Root International Expert Group (**LaPrade CM**). International Delphi Consensus on Medial Meniscal Root Tears Shows High Agreement on Diagnosis, Treatment, and Rehabilitation, but Lack of Agreement on Treatment of Asymptomatic Tears. *Arthroscopy*. 2025 Jul 2:S0749-8063(25)00479-7. Online ahead of print. PMID: 40614908.

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Relevant Classification System Based on Tear Morphology. *Arthroscopy*. 2025 Mar 12:S0749-8063(25)00171-9. Epub ahead of print. PMID: 40086526.

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99. **LaPrade CM**, James EW, Engebretsen L, LaPrade RF. Anterior medial meniscal root avulsions due to malposition of the tibial tunnel during anterior cruciate ligament reconstruction: two case reports. *Knee Surg Sports Traumatol Arthro*. 2014 May; 22(5):1119-23. PMID: 24482217

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**PEER-REVIEWED PUBLICATIONS—GROUP COLLABORATIONS**

1. Robinson J, Murray IR, Moatshe G, Chahla J, Tollefson LV, Parker DA, Familiari F, LaPrade RF, DePhillipo NN; Meniscus International Network (MenIN) Study Group (including **LaPrade CM**). Current practice of biologic augmentation techniques to enhance the healing of meniscal repairs: A collaborative survey within the Meniscus International Network (MenIN) Study Group. Knee Surg Sports Traumatol Arthrosc. 2025 May 7. Epub ahead of print. PMID: 40331602.

**BOOK CHAPTERS**

1. Beebe M, Cinque M, **LaPrade CM**, Goodnough LH. Future directions in biologics. In: Orthobiologics for Fractures and Nonunion Management 2025 (pp54) Lippincott Williams & Wilkins, Philadelphia, United States.

2. **LaPrade CM**, Cinque ME, Freehill MT. Glenohumeral Osteoarthritis. Arthroscopic Management: capsular release, chondroplasty, debridement. In: *Shoulder Arthritis across the Life Span: From Joint Preservation to Arthroplasty* 2023 (pp37-44) International Publishing, Cham, Switzerland.

3. Nuelle CW, **LaPrade CM,** Sherman SL. Osteochondral Allograft Transplantation. In: *Advances in Knee Ligament and Knee Preservation Surgery* 2022 (pp.379-394) Springer, New York.

4. **LaPrade CM**, Nuelle CW, Ray T, Sherman SL. Osteochondral Autograft for Treatment of Small Cartilage Injuries. In: *Cartilage Injuries of the Knee: State-of-the-Art Treatment and Controversies* 2021 (pp. 253-260). Springer International Publishing, Cham, Switzerland.

5. **LaPrade CM,** LaPrade RF, Griffith CJ. The treatment of combined posterolateral knee injuries and anterior cruciate ligament tears. In: *The Anterior Cruciate Ligament (Second Edition)*. 2018 (pp. 423-426). Elsevier, Amsterdam, Netherlands.

6. Rennicke JC, **LaPrade CM**, LaPrade RF. Biomechanical Considerations of Suspensory Cortical Fixation Devices. In: *The Anterior Cruciate Ligament (Second Edition)* 2018 (pp. 244-246). Elsevier, Amsterdam, Netherlands.

7. James EW, **LaPrade CM**, Johannsen AM, LaPrade RF. Anatomy and Biomechanics of the Posterolateral and Posteromedial Corners of the Knee and Their Surgical Implications. In:

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8. James EW, **LaPrade CM**, LaPrade RF. Bone Plug Technique. In: *Meniscal Allograft Transplantation* 2015 (pp. 441-460). DJO Publishing, Guildford, United Kingdom.

9. James EW, **LaPrade CM**, LaPrade RF. The Posterolateral Corner of the Knee. In: *MRI-Arthroscopy Correlations* 2015 (pp. 109-118). Springer, New York.

10. Rasmussen MT, **LaPrade CM,** LaPrade RF. Reconstruction of the Posteromedial Corner of the Knee. In: *Sports Injuries* 2015 (pp. 1429-1437). Springer, Berlin, Heidelberg.

11. **LaPrade CM**, Rasmussen MT, LaPrade RF. Anatomy of the Patellofemoral Joint. In: The *Patellofemoral Joint in the Athlete* 2014 (pp. 1-13). Springer, New York.

**ABSTRACTS—PODIUM PRESENTATIONS**

1. **LaPrade CM.** Complex ACL and Meniscus Treatment Options. North Central Regional Complex Knee Course, Eagan, MN, June 2026.

2. **LaPrade CM.** First Year of Practice: Common Challenges and How to Try to Avoid Them. North Central Fellows Course, Eagan, MN, January 2026.

3. **LaPrade CM**. Osteotomies of the Knee: Workup, Indications, Techniques. Viverant Physical Therapy. Eagan, MN. October 2025.

4. **LaPrade CM**, Tollefson LV, Tapasvi SR, Seil R, Slette EL, LaPrade RF. Medial Meniscus Ramp Tears: A Surgically Relevant Classification System Based on Tear Morphology. Podium Presentation. American Orthopaedic Society for Sports Medicine (AOSSM) Annual Meeting, Nashville, Tennessee, July 2025.

5. **LaPrade CM,** Carey EG, Gachigi KK, Erbe M, Gabriel CM, Riboh JC. The Addition of Lateral Extra-Articular Augmentation Procedures to Patellar Tendon or Quadriceps Autograft Anterior Cruciate Ligament Reconstruction does not Negatively Affect Physical or Psychological Readiness for Return to Sport At 6 And 9 Months. Podium Presentation. International Society of Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine (ISAKOS), Munich, Germany, June 2025.

6. Tollefson LV, Kennedy MI, **LaPrade CM**, Kennedy KI, LaPrade RF. Revision ACL Reconstruction CT Tibial Tunnel Classification and ACLR Staging Decision Making: A Novel Surgically Relevant Protocol. Podium Presentation. International Society of Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine (ISAKOS), Munich, Germany, June 2025.

7. Tollefson LV, Otremba JR, Knowlan CJ, Kennedy NI, Larson CM, **LaPrade CM**, LaPrade RF. Increased Lateral Tibial Slope is Correlated with Increased Baseline Tibial Position in Intact Knees and Increased Side-to-Side Anterior Tibial Translation for Knees with ACL Tears. Podium Presentation. International Society of Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine (ISAKOS), Munich, Germany, June 2025.

8. **LaPrade CM.** Updates on Medial Meniscus Root Repairs and Treatment of Meniscal Extrusion. American Academy of Orthopaedic Surgeons (AAOS) Webinar for *Treating Complex Meniscus Tears in 2025: Root, Ramp, and Radial Tears.* Virtual Presentation, May 2025.

9. **LaPrade CM.** Roots, Ramps, ALL/LET: Why is an ACL Rarely Isolated? Podium Presentation. Twin Cities Orthopedics Specialty Practice Meeting, Eden Prairie, Minnesota, May 2025.

10. **LaPrade CM**. Hybrid Glenoids in Anatomic TSA: What is the Evidence? Podium Presentation. Enovis Upper Extremity Fellows Switchover Program, Chicago, Illinois, July 2024.

11. **LaPrade CM**. Revision Ulnar Collateral Ligament Reconstruction in Major League Baseball Pitchers: Effects of Fastball Velocity and Usage. Graduation Disputation, Stanford Department of Orthopaedic Surgery, Redwood City, California, June 2023.

12. Freehill MT**, LaPrade CM**, Cinque ME, Chona DV, Abrams GD, Sherman SL, Safran MR. Revision Ulnar Collateral Ligament Reconstruction in Major League Baseball Pitchers: Effects of Fastball Velocity and Usage. Major League Baseball Team Physicians Research Meeting. San Diego, California. December 2022.

13. Freehill MT, Cinque ME, **LaPrade CM**, Abrams GD, Sherman SL, Safran MR. Ulnar Collateral Ligament Reconstruction in Major League Baseball Pitchers Does Not Decrease Spin Rate. Major League Baseball Team Physicians Research Meeting. San Diego, California. December 2022.

14. **LaPrade CM.** Patellofemoral Instability. Stanford Sports Medicine Conference, Redwood City, California, November 2022.

15. **LaPrade CM.** Posterior Shoulder Instability. Stanford Shoulder and Elbow Conference, Redwood City, California, June 2022.

16. Freehill MF**, LaPrade CM**. Glenohumeral Osteoarthritis. Arthroscopic Management: Capsular Release, Chondroplasty, Debridement. International Society of Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine (ISAKOS) Shoulder Committee Meeting 2022.

17. **LaPrade CM.** Why Do Anterior Cruciate Ligament Reconstructions Fail? An Evidence-Based Approach. Stanford Department of Orthopaedic Surgery Grand Rounds, Redwood City, California, January 2022.

18. **LaPrade CM**, Cinque ME, Chona DV, Abrams GD, Sherman SL, Safran MR, Freehill MF. Revision Ulnar Collateral Ligament Reconstruction in Major League Baseball Pitchers: Effects of Fastball Velocity and Usage. American Orthopaedic Society for Sports Medicine (AOSSM) Annual Meeting, Colorado Springs, Colorado, July 2022.

19. **LaPrade CM.** Ulnar Collateral Ligament Injury. Stanford Hand and Upper Extremity Conference, Redwood City, California, January 2022.

20. **LaPrade CM**, Cinque ME, Chona DV, Abrams GD, Sherman SL, Safran MR, Freehill MF. Revision Ulnar Collateral Ligament Reconstruction in Major League Baseball Pitchers: Effects of Fastball Velocity and Usage. 2021 Annual Meeting of the American Shoulder and Elbow Surgeons (ASES), Tampa Bay, Florida, December 2021.

21. Cinque ME, **LaPrade CM**, Abrams GD, Sherman SL, Safran MR, Freehill MT. Ulnar Collateral Ligament Reconstruction in Major League Baseball Pitchers Does Not Decrease Spin Rate. American Shoulder and Elbow (ASES) Foundation Meeting, San Francisco, California, September 2021.

22. **LaPrade CM.** Management of SLAP lesions and biceps pathology. Stanford Sports Medicine Conference, Redwood City, California, March 2021.

23. **LaPrade CM.** Management of Hand and Forearm Injuries in Hockey. Stanford Hand and Upper Extremity Conference, Redwood City, California, January 2021.

24. **LaPrade CM**, Dornan GJ, Granan LP, LaPrade RF, Engebretsen L. Outcomes after Anterior Cruciate Ligament Reconstruction using the Norwegian Knee Ligament Registry of 4691 Patients: How does Meniscal Repair or Resection Affect Short-Term Outcomes?. American Orthopaedic Society for Sports Medicine (AOSSM) Annual Meeting, Orlando, Florida, July 2015.

25. **LaPrade CM**, Dornan GJ, Granan LP, LaPrade RF, Engebretsen L. Outcomes after Anterior Cruciate Ligament Reconstruction using the Norwegian Knee Ligament Registry of 4691 Patients: How does Meniscal Repair or Meniscectomy Affect Short-Term Outcomes? Podium Presentation: International Society of Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine (ISAKOS), Lyon, France, June 2015.

26. **LaPrade CM**, Foad A, Smith SD, Turnbull TL, Dornan GJ, Engebretsen L, Wijdicks CA, LaPrade RF. Biomechanical consequences of a nonanatomic posterior medial meniscus root repair after a root tear. Achilles Orthopaedic Sports Medicine Award Podium Presentation: International Society of Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine (ISAKOS), Lyon, France, June 2015.

27. **LaPrade CM.** The Menisci: Root Cause of Knee Pathology. Presented at: 2014 Spring Seminar - Oslo Sports Trauma Research Center. Kleivstua, Norway. Podium Presentation, May 2014.

28. **LaPrade CM.** Lateral Meniscus Posterior Horn Root Avulsions May Have Their Contact Mechanics Restored with an in situ Pullout Meniscus Repair. University of Minnesota Honors Thesis Defense. Podium Presentation, April 2013.

**ABSTRACTS—POSTER PRESENTATIONS**

1. **LaPrade CM,** LaPrade MD, Smith HE, Dock CC, LaPrade RF, Larson CM. Hip Arthroscopy does not Negatively Influence Performance after Return to Play in National Hockey League Players: Evaluation with Advanced Team-Based Statistics. E-Poster Presentation. International Society of Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine (ISAKOS), Munich, Germany, June 2025.

2. Seltzer RA, Van Rysselberghe NL, Fithian A, **LaPrade CM**, Sharma J, Oquendo YA, Michaud J, DeBaun M, Gardner MJ, Bishop JA. ICD-10 Codes Inaccurately Reflect Ankle Fracture Injury Patterns. Virtual Poster Presentation. Western Orthopaedic Association (WOA) Annual Meeting, Coeur D'Alene, Idaho. August 2021.

3. **LaPrade CM**, Hackbarth DA, Neilson JC, King DM. Treatment of Low Grade Intraosseous Cartilaginous Lesions of the Proximal Humerus. Poster Presentation: Medical College of Wisconsin Scholarly Pathways Scholarship Forum, Milwaukee, Wisconsin, June 2017.

4. LaPrade MD, **LaPrade CM**, Hamming MG, Ellman MB, Turnbull TL, Rasmussen MT, LaPrade RF, Wijdicks CA. Effect of Intramedullary Tibial Nailing on Attachment Area and Ultimate Strength of the Anterior Medial Meniscal Root: Is the Safe Zone Really "Safe?" E-poster: International Society of Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine (ISAKOS), Lyon, France, June 2015.

5. LaPrade RF, **LaPrade CM,** Ellman MB, Turnbull TL, Cerminara AJ, Wijdicks CA. Cyclic Displacement of Four Meniscus-Suture Fixation Techniques in Allograft Quality Human Tissue: A Biomechanical Evaluation. E-poster: International Society of Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine (ISAKOS), Lyon, France, June 2015.

6. **LaPrade CM**, James EW, Cram TR, Feagin JA, Engebretsen L, LaPrade RF. Meniscal Root Tears: A Classification System Based on Tear Morphology. E-poster: International Society of

Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine (ISAKOS), Lyon, France, June 2015.

7. Bhatia S, **LaPrade CM**, Ellman MB, Moulton S, LaPrade RF. Scientific Exhibit: Meniscal Root Tears: Significance, Diagnosis and Treatment. Presented at: American Orthopaedic Society for Sports Medicine (AOSSM) Specialty Meeting, Las Vegas, Nevada, March 2015.

8. LaPrade MD, **LaPrade CM**, Hamming MG, Ellman MB, Turnbull TL, Rasmussen MT, LaPrade RF, Wijdicks CA. Intramedullary Tibial Nailing Reduces the Attachment Area and Ultimate Load of the Anterior Medial Meniscal Root: A Potential Explanation for Anterior Knee Pain in Female Patients. E-poster: Orthopaedic Research Society (ORS) Annual Meeting, Las Vegas, Nevada, March 2015.

9. **LaPrade CM**, Watson JN, Wilson KJ, Kennedy NI, Campbell KJ, Hutchinson MR, Wijdicks CA, LaPrade RF. Iatrogenic Injury of the Anterior Meniscal Roots Following Anterior Cruciate Ligament Tunnel Reaming: An in vitro Analysis. E-poster: European Society of Sports Traumatology, Knee Surgery, and Arthroscopy (ESSKA), Amsterdam, Netherlands, May 2014.

10. **LaPrade CM**, Jansson KS, Dornan G, Smith AD, Wijdicks CA, LaPrade RF. Altered tibiofemoral contact mechanics due to lateral meniscus posterior horn root avulsions and radial tears can be restored with in situ pull-out repairs. E-poster: International Society of Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine (ISAKOS), Toronto, Canada, May 2013.

11. **LaPrade CM**, Jansson KS, Dornan G, Smith AD, Wijdicks CA, LaPrade RF. Altered tibiofemoral contact mechanics due to lateral meniscus posterior horn root avulsions and radial tears can be restored with in situ pull-out repairs. Poster presentation: Orthopaedic Research Society (ORS) Annual Meeting, San Antonio, Texas, January 2013.

## RESEARCH AWARDS

**2026 Orthopaedic Research Bridging Innovation and Translation (ORBIT) Orthopaedic Research Excellence Award (OREA)** for project, "*A Translational Approach for Treatment of Posterior Cruciate Ligament Injuries: From Foundational Anatomical and Biomechanical Studies to Validated Surgical Outcomes,"* at American Academy of Orthopaedic Surgeons (AAOS) Annual Meeting, New Orleans, Louisiana, March 2026:

*"The ORBIT Award honors transformative translational research that bridges the gap between basic science and clinical application. This award is for researchers driving innovative solutions from bench to bedside, particularly those addressing unmet clinical needs or advancing orthopaedic technologies."*

**Resident/Fellow Research Award** for paper titled, "*Ulnar Collateral Ligament Reconstruction in Major League Baseball Pitchers Does Not Decrease Spin Rate*" at American Shoulder and Elbow (ASES) Foundation Meeting, San Francisco, California, September 2021

**Achilles Orthopaedic Sports Medicine Award** for paper titled, "*Biomechanical consequences of a nonanatomic posterior medial meniscus root repair after a root tear"* at International Society of Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine (ISAKOS), Lyon, France, June 2015:

*"The Achilles Orthopaedic Sports Medicine Award was created in 1995 to recognize the researchers who have performed the most outstanding clinical or laboratory research in the field of sports medicine, such as the care and prevention of injuries"*